

CONCLUSION OF THE II CONGRESS AINISE 2020. RESEARCH. EQUINES WITH SCIENCE

November, 21 - 22, 2020. On Line Event

Alianza Internacional por la Interacción Saludable con Equinos

Organizing Committee

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1. Introduction

For the first time, we have held an international event with the purpose of joining forces in favor of the **investigation**, as a result of the concerns that were raised at the I AINISE International Congress 2018 in Juneda, where from the work tables, the most urgent routes to be solved came out and was able to face “together” the arrival of the covid-19 pandemic that is doing so much damage to all of us.

UNITED! It has been the key that has brought us here. United to create a *RED ¡¡AI Rescate!*, united to edit a reopening covid-19 guide, to create a scientific group that in turn has worked in the only clinical trial in Therapeutic Riding and Arthritis!, And united to do this Congress.

The quality of the presentations, communications, guests and attendees, supported by a **rigorous** scientific committee, indicate that research on Equine Assisted Activities and Therapies, horse-human interactions/interventions, have come to stay. The scientific contributions and conclusions of the authors tell us that it is only in our hands to take the advantage of this opportunity and get on “The Train”.

2. Summary of the Congress

- The most important aspects to note as a result of the AINISE 2020 Congress are:
- The countries that have participated in this Congress have been Argentina, Germany, Australia, Austria, Spain, the United States, France, Ireland, Malta, Mexico, United Kingdom and Uruguay.
- 14 presentations, 3 communications, 4 round tables, 1 conference, 4 testimonies from families of EAAT service users, 4 special guests, recognized for their work on behalf of EAAT and in representation of those who are our pillars, 5 entities involved in research and training.
- The importance of the academic training and preparation of professionals has been recognized. And EAAT cannot be a purely vocational activity and at the service of other professionals, rather, as a product offered that improves health, education, social interactions, equine welfare and the environment, with its own value and criteria, with **quality indicators** and well defined protocols.
- It has been shown that scientific publications, lack some of the requirements required by science, for the recognition of scientific evidence of a treatment, due to: a) which is a specialty that encompasses various professional fields and which is required in most of the sometimes a multidisciplinary team, to attend to the diversity of diagnoses received by these treatments and b) the attention, care and training of equines. There are also circumstances that make research difficult such as the homogeneity of the profile of the participants, the dispersion, geographic location and the costs of a study with these characteristics and without drugs. Therefore, the creation of a data collection protocol that can be unified and specific to each specialty, by time that is viable, to integrate it into the usual activities and thus have a good production scientific. **Scientific objectives.**

- A voice has been given to several families of service users, through the space of **Testimonials**. For a complete study, all factors must be considered, family, school / work, friendships, social life ... that directly affect the results of quantitative studies and qualitative. The contributions of those who are the protagonists and their families can open lines of work that provide another vision and be accomplices of the rigor in the different scientific studies EAAT.

- **Equine Welfare at EAAT** has been the great concern of all professionals and especially of those who take care of equines (veterinarians, ethologists, trainers, etc.), who demand more scientific research of equines participating in EAAT, to study protocols. A specific care and training and adequate training for those responsible for them. To preserve equine welfare, human and social welfare must be preserved, environment education and the training of professionals.

- The **Round Tables** discussed issues related to equine welfare, continuity and future of the *RED ¡¡A! Rescate!* of professionals that are already operating, the collection of data for investigation in cases of social vulnerability and EAAT. The influence of the training and personal growth of professionals in the results, in all of them the enthusiasm of the field to find our right place needs to go hand by hand with Science.

- A small tribute was made to those who have contributed to the development of EAAT, to the institutions who have supported us and who fight to scientifically prove the **results**, by regular and to unify training and for the recognition of our specialty.

- EAAT not only affects those who participate directly, farmers, farriers, saddlers, hoteliers, local commerce, heritage, tourism and others, can be beneficiaries of **community programs**, by settling mostly in rural areas or in peripheral neighborhoods.

3. Final Conclusions

If we work together by joining and sharing experiences we can get enough data to demonstrate the scientific evidence, regulation may be requested, avoid professional intrusion, they will achieve the true benefits that they bring to people, interactions and therapies with equines.

It is proposed to give continuity to the scientific group. As long as we maintain a collaborative scientific culture active, we can keep moving forward.

4. Acknowledgements

Having managed to carry out this II Congress has been thanks to the great involvement, interest and willingness of all of us who have participated in it. Thanks for all the efforts.

5. Entities

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Professionals and equines in EAAT with SCIENCE!